

## **Suggested Reading List for Parents, by Parents (alphabetized by author)**

### **For Parents:**

- *The Social Skills Picture Book Teaching Play, Emotion, and Communication to Children with Autism* by Jed Baker
- *Raising NLD Superstars: What Families with Nonverbal Learning Disabilities Need to Know About Nurturing Confident, Competent Kids* by Marcia Brown Rubinstien
- *The Mozart Effect* by Don Campbell
- *Gut and Psychology Syndrome* by Dr. Natasha Campbell McBride, MD
- *Not Even Wrong: A Father's Journal into the Lost History of Autism* by Paul Collins
- *Special-Needs Kids Eat Right: Strategies to Help Kids on the Autism Spectrum Focus, Learn, and Thrive* by Judy Converse
- *Teaching Children with Down Syndrome about Their Bodies, Boundaries, and Sexuality (Topics in Down Syndrome)* by Terri Couwenhoven
- *A Thorn in My Pocket: Temple Grandin's Mother Tells the Family Story* by Eustacia Cutler
- *Recovering Autistic Children* by Stephen Edelson, PhD and Bernard Rimland, PhD
- *Employment for Individuals with Asperger Syndrome or Non-Verbal Learning Disability: Stories and Strategies* by Yvona Fast
- *Beyond Consequences, Logic, and Control: A Love-Based Approach to Helping Attachment-Challenged Children With Severe Behaviors* by Heather Forbes
- *Beyond Consequences, Logic, and Control: Volume 2* by Heather Forbes
- *Dare to Love: The Art of Merging Science and Love Into Parenting Children with Difficult Behaviors* by Heather Forbes
- *Help for Billy: A Beyond Consequences Approach to Helping Challenging Children in the Classroom* by Heather Forbes
- *Ketogenic Diets* by John Freeman
- *Thinking in Pictures* by Temple Grandin
- *The Unwritten Rules of Social Relationships: Decoding Social Mysteries Through the Unique Perspectives of Autism* by Temple Grandin and Sean Barron
- *The Way I See It* by Temple Grandin
- *Relationship Development Intervention with Young Children* by Steven Gutstien
- *The Autism Mom's Survival Guide* by Stephanie Hemenway
- *The Autism Revolution: Whole-Body Strategies for Making Life All It Can Be* by Martha Herbert and Karen Weintraub
- *"You're Going to Love This Kid!" Teaching Students with Autism in the Inclusive Classroom* by Paula Kluth, PhD and Kelly Chandler-Olcott
- *The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder* by Carol Kranowitz and Lucy Jane Miller
- *A Work in Progress: Behavior Management Strategies & A Curriculum for Intensive Behavioral Treatment of Autism* by Ron Leaf, PhD
- *Special Diets for Special Kids* by Lisa Lewis, PhD
- *Speaking of Apraxia* by Leslie A. Lindsay
- *Autism: Heartfelt Thoughts from Mothers* by Judy Lynne

- *Superflex... A Superhero Social Thinking Curriculum* by Stephanie Madrigal, and Michelle Garcia Winner
- *Let Me Hear Your Voice: A Family's Triumph Over Autism* by Catherine Maurice
- *Children with Starving Brains: A Medical Treatment Guide for Autism Spectrum Disorder* by Jaquelyn McCandless and Teresa Binstock
- *Louder than Words* by Jenny McCarthy
- *Walk Awhile in My Autism: A Manual of Sensitivity Presentations to Promote Understanding of People on the Autism Spectrum* by Kate McGinnity and Nan Negri
- *Uncommon Beauty: Crisis Parenting from Day One* by Margaret Meder
- *Ten Things Every Child with Autism Wishes You Knew*, by E. Notbohm
- *A Parent's Guide to Asperger Syndrome & High-Functioning Autism, How to Meet the challenges and Help Your Child Thrive*, by Sally Ozonoff, Geraldine Dawson, and James McPartland
- *Food and Behavior: A Natural Connection* by Barbara Reed Stitt
- *How Can I Talk if My Lips Don't Move?: Inside My Autistic Mind* by Tito Rajarshi Mukhopadhyay
- *Look Me in the Eye: My Life with Asperger's* by John Elder Robison
- *An Early Start for Your Child with Autism: Using Everyday Activities to Help Kids Connect, Communicate, and Learn* by Sally Rogers, PhD, Geraldine Dawson, PhD, and Laurie Vismara, PhD.
- *A Special Kind of Brain: Living with Nonverbal Learning Disability* by Nancy Russell Burger
- *A Cup of Comfort for Parents of Children with Autism: Stories of Hope and Everyday Success* by Colleen Sell
- *What I Wish I'd Known About Raising a Child with Autism*, B. Sheahan & K. DeOrnellas
- *Autism Spectrum Disorders* by Chantel Sicilie-Kira
- *Adolescents on the Autism Spectrum: A Parent's Guide to the Cognitive, Social, Physical, and Transition Needs of Teenagers with Autism Spectrum Disorders* by Chantal Sicile-Kira and Temple Grandin
- *The Hidden Curriculum: Practical Solutions for Understanding Unstated Rules in Social Situations* by Brenda Smith Myles, Melissa L. Trautman, and Ronda L. Schelvan
- *The Boy Who Loved Windows: Opening the Heart and Mind of a Child Threatened with Autism* by Patricia Stacey
- *The Sound of a Miracle: The Inspiring True Story of a Mother's Fight to Free Her Child from Autism* by Annabel Stehli
- *Born on a Blue Day: Inside the Extraordinary Mind of an Autistic Savant* by Daniel Tammet
- *The Golden Hat: Talking Back to Autism* by Kate Winslet, Margret Ericsson and Keli Thorsteinnsson
- *A Practical Guide to Autism: What Every Parent, Family Member, and Teacher Needs to Know*, by F.R. Volkmar & L.A. Wiesner

### **For Children/Young-Adults with Disabilities:**

- *I Love My Red Wagon* by Angel Arredondo
- *Making Sense of Sex: A Forthright Guide to Puberty, Sex and Relationships for People With Asperger's Syndrome* by Sarah Attwood
- *The Boys' Guide to Growing Up: Choices and Changes During Puberty* by Terri C. Couwenhoven
- *Enzymes for Autism and other Neurological Conditions* by Karen DeFelice
- *A 5 Is Against the Law! Social Boundaries: Straight Up! An honest guide for teens and young adults* by Kari Dunn Buron
- *Making Lemonade: Hints for Autism's Helpers* by Judy Endow and Ben Averill
- *Different is Awesome* by Ryan Haak
- *Mike's Crush for Families* (DVD) by Nancy Nowell
- *Changes in You for Boys/With Parents Guide* by Peggy C. Siegel
- *The Autism Sourcebook: Everything You Need to Know About Diagnosis, Treatment, Coping, and Healing* by Karen Siff Exkorn
- *Different Like Me* by Alesix Wesley

### **For Peers:**

- *Autism Through a Sister's Eyes* by Eve Band, PhD and Emily Hecht
- *Everybody is Different: A Book for Young People Who Have Brothers or Sisters with Autism* by Fiona Bleach
- *Black Bear, Loon & Walleye: A Fable from the Northwoods* by Sara Button
- *Taking Autism to School* by Andreanna Edwards
- *Amazingly...Alphie! Understanding and Accepting Different Ways of Being* by Roz Espin
- *Rules* by Cynthia Lord
- *My Best Friend Will* by Jamie Lowell and Tara Tuchel
- *Special People, Special Ways* by Arlene Maguire
- *The Autism Acceptance Book: Being a Friend to Someone With Autism* by Ellen Sabin
- *Little Rainman: Autism – Through the Eyes of a Child* by Karen L. Simmons
- *How to Talk to an Autistic Kid* by Daniel Stefanski

### **For Educators:**

- *"You're Going to Love This Kid!" Teaching Students with Autism in the Inclusive Classroom* by Paula Kluth, PhD and Kelly Chandler-Olcott
- *Teaching Children with Autism, Strategies for Initiating Positive Interactions and Improving Learning Opportunities*, by Robert L. Koegel and Lynn Kern Koegel
- *1001 Great Ideas for Teaching and Raising Children with Autism or Asperger's*, E. Notbohm & V. Zysk
- *Superflex... A Superhero Social Thinking Curriculum* by Stephanie Madrigal, and Michelle Garcia Winner
- *Walk Awhile in My Autism: A Manual of Sensitivity Presentations to Promote Understanding of People on the Autism Spectrum* by Kate McGinnity and Nan Negri