family footnotes NEWSLETTER

summer 2013

Andella and her brother Elias

Everyone had a Roaring Good Time at the Zoo!

FSRC Family Day at the Vilas Park Zoo was another great success. 240 people enjoyed activities and lunch at the zoo on Saturday, May 16. Special thanks to our sponsors, including Topper's Pizza on Regent, Brennan's Market, Trader Joe's, Woodman's Market, Culligan Water, Playthings toy store, and our many volunteers. We couldn't have done it without you!

JOIN US FOR A NIGHT OF FUN!

THIS EVENT IS FOR FSRC FAMILIES & FRIENDS WHO SUPPORT OUR MISSION!

MALLARDS VS. BATTLE CREEK BOMBERS

FRIDAY, JULY 26TH, 2013, 7:05PM

FEATURING:

50/50 RAFFLE to BENEFIT FSRC

CEREMONIAL 1st PITCH by FSRC SUPPORTER

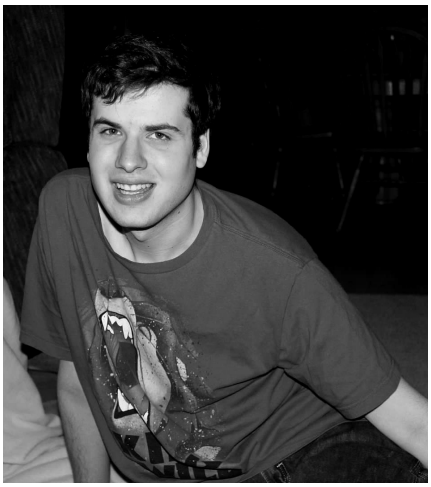
To purchase tickets or make a donation:

Call FSRC at 237-7630

Congratu

Dillon Holmes is a graduate of Oregon High School. He has been active in Special Olympics throughout his high school career. After high school he will be employed at Panera on Fish Hatchery Road. Dillon is an industrious worker and Panera is happy to have him as an employee.

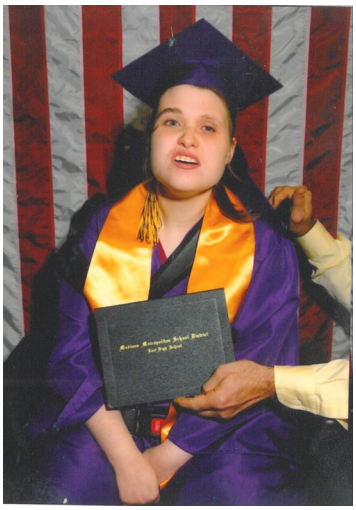
Brian Disrud is graduating from Verona Area High School. Brian is employed at AmericInn and The Heights Event Center. He enjoys the variety of tasks that both jobs bring. He is looking forward to spending Friday afternoons with his family and traveling this summer.



Michael "Mick" Witt is a charming young man who is headed for continued success! Celebrating his 21st birthday at the end of May, he is leaving his friends and supporters at Oregon High School for the world of work and life as a young adult. Mick is busy working at Communication Innovations in Fitchburg and will soon be starting a second job at The Management Group (TMG). In his downtime, Mick plans to continue doing what he loves most-- going to the movies, attending Broadway shows with his family, and adding to his collections of DVD's and memorabilia. Congratulations, Mick! Your family and friends are so proud of you! Your hard work is paying off and we can't wait to see what you do next!

Jessica Ringstad is a graduate of LaFollette High School. All of the staff at LaFollette will greatly miss her, as she moves on to a job at the Aging and Disability Resource Center in Madison. Best wishes Jessica!

Nelson Reisdorf is graduating from East High School with a variety of paid jobs including those at Canopy Center, Balisle & Roberson Law Firm, and Vita Plus where he is supported by Community Support Network. Nelson feels very proud to be working. His parents are Jim Carlson (& partner, Lou Miller) and MC Reisdorf (& partner, Val Hodgson). In his spare time, Nelson enjoys WWF, travel, listening to music, dancing, and spending time with his friends.



Jennifer Attewell is a graduate of East High School. She is currently job shadowing and hopes to have employment in an office in the near future.

ulations

Graduates

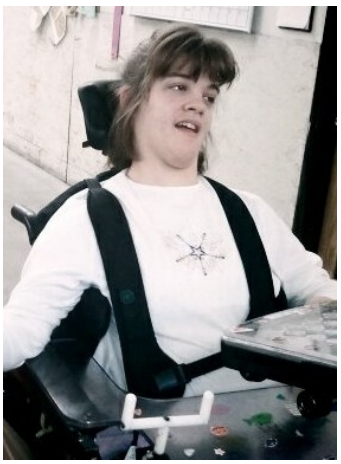
Emma Vandervest is a graduate of Middleton High School. She is hoping for employment in the near future.

Benjamin Lubet is a graduate of West High School. It will be hard to find Ben in one place after he leaves school. He has three different jobs and will also be working on his art during the week. He hopes that in one year his art will have increased sales and be a profitable business. Good luck Ben!

MORE GRADS
ON NEXT PAGE

Casey Dezonia is graduating from West High School with a job at the Wisconsin Institute for Discovery. He enjoys his job there. In Casey's free time, he enjoys spending time at Very Special Arts taking classes and creating art during open studio times.

Chloe Hougan is graduating from Stoughton Area High School. She has started her own business, Runaway Pottery. Chloe makes beautifully hand crafted ceramic wall pockets and wind chimes. She uses a variety of colors and shapes to make each piece unique. Chloe will be working with WORC to establish and grow her business. Chloe's artwork can be purchased at True Coffee in Stoughton or by emailing chloe@runawaypottery.com or calling Amy at 221-2102 ext. 107.

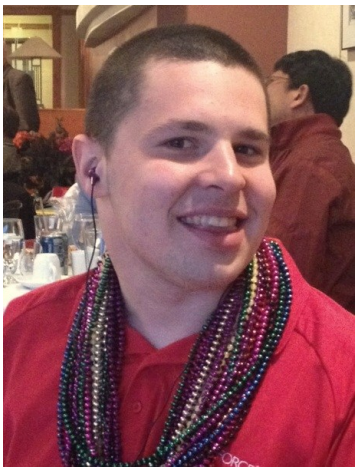


Arika Hochstetter is graduating from East High School and will be supported by Community Support Network. She is looking forward to new experiences that CSN will offer her as well as the opportunity to make new friends. She lives with her parents, Mark and Carrie, and her older sister, Jennifer. She enjoys music, shopping, helping with chores around the house, and meeting new people.

Kier Gamble is graduating from West High School. He is employed at Three Lakes Driving School doing office work. He will also spend time swimming and walking outside - two of his favorite activities.

Mariah Goehring is graduating from West High School. She is starting a new job with support from Community Work Services. Mariah enjoys helping people and has volunteered for many different programs in the community. She is a talented artist and enjoys painting and pottery. Mariah has sold some of her artwork and hopes to continue doing this.

Congratulations!



Evan Thompson is graduating this year from Memorial High School. He is an energetic and valuable member of his community, and is lucky to be working at two jobs doing activities that he loves. Mowing lawns is one of his favorite things to do, and he has recently launched his own business, called Evan's Lawn Care! He also has a second job doing laundry, which he is very good at. Evan brings a lot of passion to his work and is a meticulous and hard-working young man. He also enjoys working out and being physically active, going out to eat with his family, swimming, and music. Evan has a bright future ahead of him and we wish him and his wonderful family the best of luck!

Sam Howard is graduating from Memorial High School in June. He will continue to work his two jobs at The Old Fashioned and Willy Street Co-Op West thanks to support from Advanced Employment – prior to June, he has been supported by Achieving Collaborative Treatment and Memorial staff. Sam has a great sense of humor! He loves to play with his spy toys and think of creative ways they can be enhanced. He enjoys spending time with his friends, attending LOV-Dane groups and eating tasty food. Best of luck to you Sam!

Chad Carpenter is a friendly, outgoing young man graduating from Waunakee High School. He enjoys bowling, playing with the family dogs, spending time with family and friends, and participating in Special Olympics. He currently works two different jobs: Piggly Wiggly and Ace Hardware in Waunakee. He enjoys both jobs, and hopes to continue working hard on his bagging at Piggly Wiggly so he can spend more time visiting with customers. Chad loves sports, and hopes to someday have a job working at a sports store or with an athletic team. Congratulations Chad! We are proud of your hard work!

Olivia Sicard is a sweet young woman who is graduating from West High School. She works hard at her cleaning jobs at Anytime Fitness and Ultratec in Madison. Olivia enjoys cleaning and is a highly valued member of her teams. She is an active part of her community and enjoys bowling, singing, and going on walks. She is also very active in her church and belongs to a Girl Scout troop. Olivia is friendly and polite with a great sense of humor. We will miss Olivia but know that she will do great. Good luck, Olivia!

Victoria "Vicki" Matts is a proud graduate of Verona High School. She is currently working at It's Your Party and AJ's Pizzeria in Verona. When she is not working, Vicki enjoys drawing and creating characters and simple story lines about her characters. Her dream is to become a screenwriter and she is currently working on a script. Vicki is always eager to tell people about her characters and is currently looking for an agent to help publish her latest script. We wish her good luck with all her future endeavors!

Emmanuel Blanco is graduating from Middleton High School in June. He is working with Pathways of WI, and enjoys doing light janitorial work and other assignments at Colonial Property Management. Emmanuel likes to spend time in the community with his mother and other adults who provide support.

WELCOME! New Staff and Board Members

We are thrilled that **Katie Gauthier** has accepted a position as Case Manager in the Family Support Program. Katie has been at FSRC since last August when she began a two semester graduate school practicum working directly with a number of our families. Katie completed her Master's program in Social Work in May and accepted a position with us starting June 17. Katie comes to us with additional experience working as a Case Manager at an adult residential agency and as a child care provider. We look forward to having Katie in the office on a full-time basis!

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Two individuals joined the FSRC Board of Directors in April of this year. **Paola Perez** has a long history with our agency as a graduate student, Case Manager and colleague during her eight years as a therapist at Integrated Development Services. We were sad to see Paola leave FSRC in the fall of 2011 to take a position as a Bi-Lingual Clinical Social Worker at the Waisman Center, but happy she will return as a Director on our Board. In addition to Paola, **Andrea Romine** is our second new Director. Andrea is an adoptive parent to three children with special needs and is Assistant to the Medical Director at Central Wisconsin Center. We are extremely pleased to welcome two such knowledgeable and dynamic women onto our Board.

FSRC PARENT SUPPORT GROUP

We are excited to announce that last month, FSRC held our first monthly Parent Support Group meeting! The FSRC Parent Support Group is open to any parent, grandparent, or other caregiver who is raising a child with special needs, regardless of the age or diagnosis of the child. Our goal is to create a supportive and open forum for parents to connect, share, and learn from one another. It is a space to discuss the joys and challenges of raising a child with special needs with other people who understand. Topics are open to what interests group members, but can include things such as: methods for self-care and avoiding burnout, strategies for coping with stress, using support networks to their fullest potential, the power of positive thinking, and forging strong relationships. We also have a variety of local experts that we can invite to speak at groups based on the interest and needs of group members.

The FSRC Parent Support Group is held on the **first Wednesday of every month from 6:00 p.m. to 7:00 p.m.** It is located at the FSRC office at 101 Nob Hill Road. **Please note that July's support group will be held July 10th**. We would love you to join this group of supportive, open, and engaging parents! If you would like more information, please call or email Abby Halloran at ahalloran@fsrcdane.org or Katy Nichols at knichols@fsrcdane.org.

There is Still Time to Register for Bike Camp!

FSRC is partnering with the Madison Area Down Syndrome Society and iCan Shine Camp to sponsor this summer's bike riding camp (formerly known as Lose the Training Wheels). Camp will be held from **August 5-9** at Cardinal Heights Upper Middle School in Sun Prairie.

Register soon as a camper or a volunteer by downloading the appropriate registration form at FSRC's website, www.fsrcdane.org. Please call FSRC at 237-7630 for more information.

Agency & Community News

Looking for a Respite Provider or Want to be Connected to a State-wide Registry?

The Respite Care Association of Wisconsin is proud to offer Wisconsin's Respite Care Registry, an online matching service for respite care providers looking to provide in-home respite care to area families. On the site, respite care providers can advertise their availability to provide in-home care. Families can search for a qualified, trained provider to receive a break from the responsibilities of caregiving. Families can search the registry by county, ages served, and other criteria, to find a provider who meets their needs.

To get started, visit www.respitecarewi.org and select "Become a Provider". Background checks and training is provided. Questions regarding the registry should be directed to Jim Schroeder, Executive Director, Respite Care Association of Wisconsin at 608-222-2033.

MILDFULNESS: A Mind-Body Approach for Individuals on the Autism Spectrum

These conferences on Mindfulness are sponsored by Catholic Charities of Wisconsin. Registration is on the day of the event and the cost is $12.

Thursday, July 25
8:30am-12:30pm
St John Vianney Church, Janesville, WI
Contact: Jessica Quam, 608-752-4993,
jquam@ccddc.com

Or

Friday, July 26
St. Thomas Aquinas Church, Madison, WI
8:30am-12:30pm
Contact: Katy Barnum, 608-256-2358,
kbarnum@ccmadison.org

RACE! Running with Autism in the Community and Everywhere!

Join this 10-week running group offered by Achieving Collaborative Treatment, and learn to run for health & socialization.

Monday nights 5-6pm
June 17th—August 19th
Picnic Point
Cost: $120

Registration & information contact:
Gaylene Gondolfi Bennett
gaylene.gondolfi@gmail.com
608-575-3395

Madtown Twisters Gymnastics—Special Needs Open Gym

Fridays
1:00pm to 2:00pm
$6.00/ person
Ages 2-21. Adult supervision required.

Special needs open gym is facilitated by highly trained coaches and is designed for children and young adults with any type of developmental differences. Each session is planned to include some group games, turn taking, and a lot of free time to explore the gym. Siblings and other professionals are welcome.

Make it a Day!

Free destinations for this summer

Concerts on the Square
King Street corner of the Capitol Square
Wednesdays: June 26th—July 31st, 7pm
Website: wcoconcerts.org/performances

Lakeside Kids
Monona Terrace, Madison
10-11am—June 19, 26 & July 10, 17, 24, 31.
Programs designed for kids 4+. Call 261-4000 after 8:30am the day of event for program location.

National Mustard Museum
7477 Hubbard Avenue, Middleton
Open daily: 10:00-5:00
See more than 5,500 types of mustard and several antique artifacts, do the Food Quiz Game, get recipes, & lots of mustard samples!

State Capitol Tour
2 East Main Street, Madison
M-Sat. Tours: 9, 10, 11am, 1, 2, 3pm
Sun. Tours: 1, 2, 3pm (Also 4pm tour M-F)
Tours start at information desk.

Art Cart and Art Cart EXTRA!
Various days, times, and locations!
mmoca.org/programs-events/calendar

UW Arboretum
1207 Seminole Highway, Madison
Telephone: (608) 263-7888
Garden Tours, Public Walks, Earth Partnerships for Families, and Volunteer Workdays

UW Geology Museum
1215 W. Dayton Street, Madison
M-F: 8:30-4:30; Sat: 9:00-1:00
On your self-guided tour, see rocks & minerals, meteorites, fossils, and dinosaurs!

Henry Vilas Zoo
702 S. Randall Avenue, Madison
Open daily: 9:30-5:00
Animals, Discovery Center & Herpetarium, Tree House & Adventure Play Area

City of Madison Parks
Website: www.cityofmadison.com/parks
There are 49 major parks and lots of small parks. Explore and find a new favorite!

Mad-City Ski Team
Law Park, 410 South Blair Street, Madison
Shows most Sunday nights through August.
Website: www.madcityskiteam.com

Family Support & Resource Center
101 Nob Hill Road, Suite 201
Madison, WI 53713
ph 608.237.7630 fx 608.237.7524

Return Service Requested

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Kari Zimmerman

Website: www.fsrcdane.org

Yes, I want to support FSRC's mission to keep Dane County families together!

Enclosed is my gift in the amount of:

☐$10 ☐$25 ☐$50 ☐$100 ☐$500 ☐other _____

☐Please charge my Visa or MasterCard:

Card#_____Exp date_____

Signature_____

☐Specific designation _____

Name_____

Address_____

City_____ **State**_____ **Zip**_____

Phone (_____)_____ Email address_____

May we publish your name in campaign materials? ☐Yes ☐No

The Family Support & Resource Center provides respite care, financial assistance, case management and other family support services that give families hope—that their son or daughter with a disability will thrive with in-home care.

Your support is greatly appreciated!

Keeping Dane County families together by providing resources to support and care for children with significant disabilities at home